

MONTHLY NEWSLETTER



PRESIDENTS MESSAGE

March feels like that moment when we all collectively say, "Okay... let's do this." The days get a little longer, the coffee gets stronger, and nurse practitioners continue doing what we do best... showing up, caring for patients, and being there for one another.

I'm constantly impressed by the knowledge, grit, and heart in this group. VANP is made up of NPs who lead, advocate, multitask like pros, and somehow still manage to keep a sense of humor along the way.

Here's to a month of momentum, collaboration, and continued excellence. I'm so grateful to be part of this community, and even more grateful to serve as your president. - Rose Goehring.

UPCOMING EVENTS

May 14th VANP Meeting
(6:00PM) @ TBA

Scholarship Fall 2026
deadline:
TBD

Gala Meeting - TBA

Gala:
April 25th @ 6pm
Victoria Country Club

March

NP ROUNDTABLE

March is Colorectal Cancer Awareness Month, highlighting the importance of timely screening and early detection. This roundtable will explore common barriers, screening options, and practical strategies NPs are using to improve patient compliance.



CLINICAL CORNER

COLORECTAL CANCER AWARENESS MONTH

March is Colorectal Cancer Awareness Month, emphasizing the importance of early detection through appropriate screening. Current guidelines recommend initiating screening at age 45 for average-risk adults, with options including stool-based testing such as FIT or multitarget stool DNA testing, as well as direct visualization with colonoscopy. Individualizing screening modality based on patient risk, preference, and access, paired with timely follow-up of abnormal results, remains key to reducing colorectal cancer morbidity and mortality. How do you help patients move past fear and misunderstanding to optimize screening and reduce colorectal cancer risk?



LEGISLATIVE UPDATE

Following passage of SB 912, Texas licensing boards will require electronic CE verification before license renewal. The law took effect September 1, 2025, with full implementation required by September 1, 2026.

TMB has transitioned to CE Broker. BON platform forthcoming. Monitor your board for updates.

Victoria County Legislative Meetings for GOP:

- March 16 – 5:30 PM – A&M Victoria - Precinct Convention
- March 23 – 1:00 PM – Legislative Ambassadors Only - AJ Louderback
- March 28 – 8:30 AM – Emerging Technology Building -County Convention



COMMUNITY CORNER

COMMUNITY RESOURCE SPOTLIGHT: BILLY T. CATTAN RECOVERY OUTREACH

Billy T. Cattan Recovery Outreach (BTCRO) provides outpatient substance use disorder and co-occurring mental health treatment for adult men and women in our community. BTCRO accepts most commercial insurance plans, offers self-pay options, and is contracted with Texas Health and Human Services to provide state-funded services for uninsured and indigent individuals who qualify, making care accessible to a broad patient population.

In addition to outpatient treatment, BTCRO offers a Recovery Support Services Program staffed by certified peer recovery support specialists who serve as recovery coaches. These services are available to individuals seeking support in achieving or maintaining sobriety and do not require enrollment in formal treatment.

BTCRO is also expanding local access to higher levels of care. Hope Ranch, a 58-bed inpatient substance use and co-occurring mental health treatment facility for adult men, women, and women with children, is currently under construction in Victoria with an anticipated completion date of May 2026. Additionally, Perpetual Help Home, a long-standing transitional living program for women and women with children, joined the BTCRO organization in September 2025 and provides housing, job readiness training, life skills education, and parenting support.

For providers seeking referral options for patients across the recovery continuum, BTCRO represents a comprehensive local resource. More information is available at www.btcro.org.

