

MONTHLY NEWSLETTER



PRESIDENTS MESSAGE

Spring is a time of growth and renewal, and that spirit carries into our work as Nurse Practitioners across the Victoria area. Each month I continue to be inspired by the dedication, compassion, and expertise our members bring to their patients and communities. As healthcare continues to evolve, the role of the Nurse Practitioner remains essential in improving access to care and delivering high-quality, patient-centered treatment.

In recent months, we have seen important legislative discussions impacting our profession here in Texas. Staying informed and engaged is critical as these decisions shape how we practice and advocate for our patients. Our partnership with the Texas Nurse Practitioners organization continues to be an important resource in keeping us aware of these developments and ensuring that the voices of NPs are represented.

I also want to encourage everyone to take advantage of the opportunities our VANP meetings provide. These gatherings allow us to share clinical insights, learn from industry experts, and strengthen the professional connections that support us in our daily practice. Whether you are a seasoned NP or newer to the profession, your participation adds valuable perspective to our group.

Thank you for the work you do every day to advance patient care in our community. I look forward to seeing many of you at our upcoming Gala and continuing to build a strong, collaborative network of Nurse Practitioners in the Victoria area.

UPCOMING EVENTS

May 14th VANP Meeting
(6:00PM) @ TBA

**Scholarship Fall 2026
deadline:
TBD**

**Gala Meeting:
April 2nd @ 6pm
Aeros**

**Gala:
April 25th @ 6pm
Victoria Country Club**

NP ROUNDTABLE

April is STI Awareness Month, a reminder of the important role primary care providers play in screening, prevention, and patient education. Early detection and open conversations with patients help reduce stigma and improve outcomes across our communities.



CLINICAL CORNER

AUTISM AWARENESS MONTH

April is recognized as Autism Acceptance Month, a time dedicated to increasing understanding, acceptance, and support for individuals with autism spectrum disorder (ASD) and their families. In primary care, nurse practitioners play a vital role in the early identification of developmental differences through routine screening and ongoing developmental surveillance. Early recognition allows providers to connect children and families with appropriate evaluations and early intervention services, which can significantly improve developmental outcomes.

Beyond screening and referrals, primary care providers also serve as trusted sources of education and guidance for families navigating a new diagnosis. By fostering supportive conversations, promoting evidence-based resources, and advocating for inclusive care, nurse practitioners help ensure that individuals with autism receive compassionate, patient-centered support across the lifespan.



ADVOCACY UPDATE

A 2023 research study from the Texas Nurse Practitioners Foundation and Texas A&M University highlights the significant impact nurse practitioners have on access to healthcare across Texas. The report found that allowing APRNs to practice to the full extent of their training could create more than 4,000 new jobs and add nearly \$500 million to the Texas economy in the first year, while helping address primary care and psychiatric provider shortages. The study also found that expanding APRN practice authority could reduce healthcare costs for state programs and maintain high patient safety standards, with APRNs representing only 2% of malpractice claims compared to 98% for physicians. These findings reinforce the important role nurse practitioners play in improving access to safe, high-quality care across Texas communities.

[2023 Study Link](#)



COMMUNITY CORNER



NP SPOTLIGHT: PRISCILLA LAYTON, PMHNP

This month we are pleased to highlight Dr. Priscilla Layton, PMHNP, a psychiatric mental health nurse practitioner dedicated to supporting individuals through compassionate and evidence-based mental health care. Priscilla works with patients experiencing a range of conditions including anxiety, depression, trauma-related disorders, and mood disorders, with a focus on helping patients develop personalized treatment plans that support long-term wellness.

With a patient-centered approach, Priscilla emphasizes creating a safe and supportive environment where individuals feel heard and understood. Her work reflects the important role psychiatric nurse practitioners play in improving access to mental health services and addressing the growing need for behavioral health care within our communities.

We appreciate Priscilla's contributions to the profession and her commitment to improving mental health outcomes for the patients she serves.

Patients may schedule through the following link:
<https://care.headway.co/providers/priscilla-layton>

